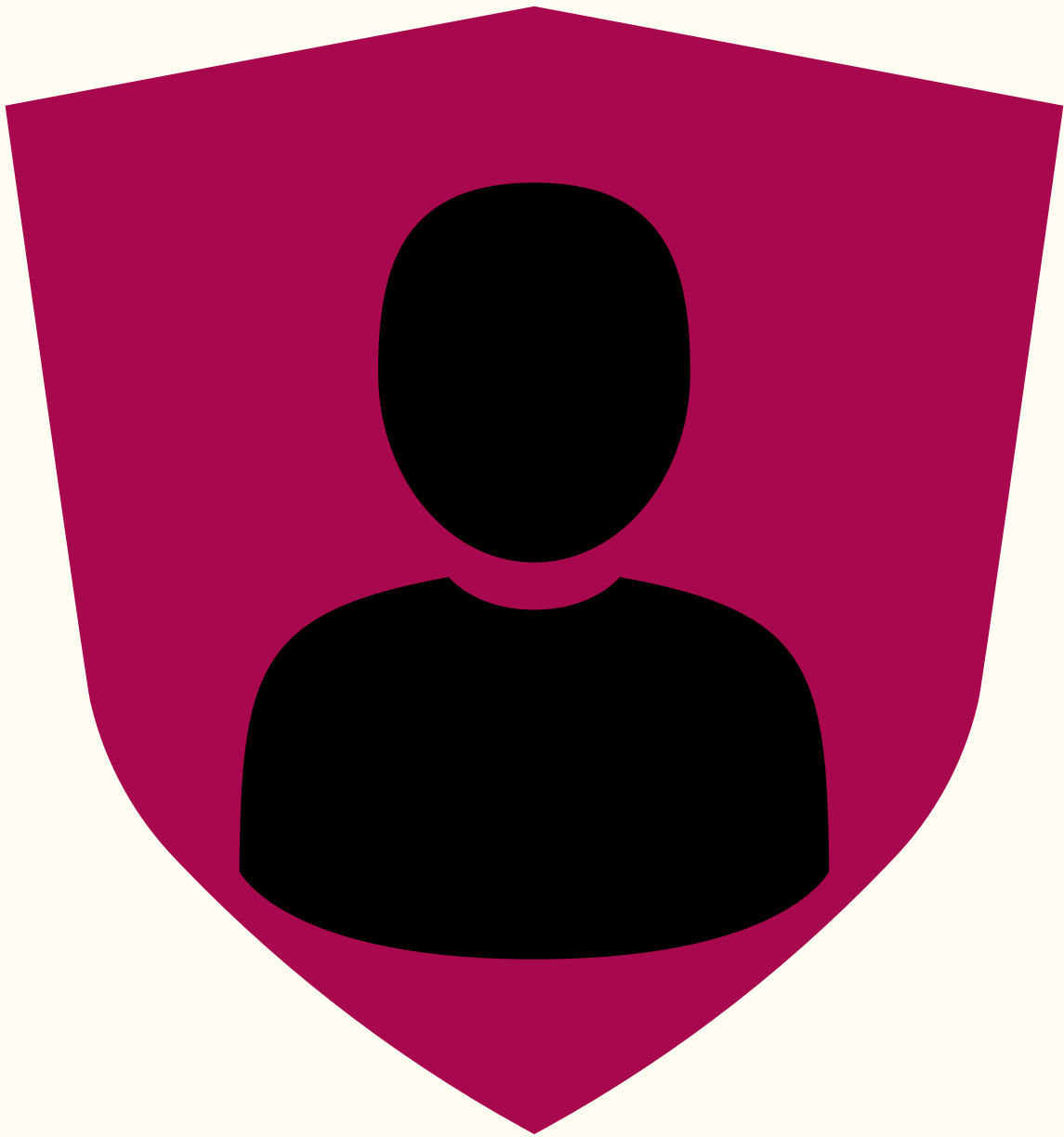


What is safeguarding?



An Easy Read Guide



Who is a vulnerable adult?

The law says a person is a vulnerable adult if they are over 18 and:



Live in residential accommodation or sheltered housing



A person who is or may be unable to take care of him or herself



A person who is detained in a Police Station or Prison



A person who needs help in managing his or her daily life and personal affairs



Who is a vulnerable adult?

Continued...



Has a disability



Has a mental health problem



Has particular needs because of his or her age

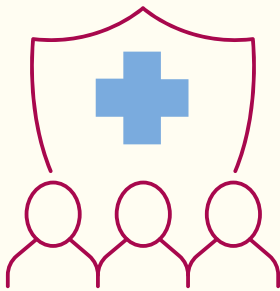


May find it difficult to protect themselves from harm and neglect

Lots of people with learning disabilities who may live independently or without services can be vulnerable to bullying and abuse as well.



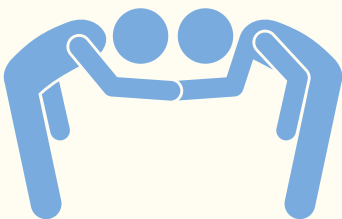
What is Safeguarding?



Safeguarding is protecting vulnerable adults or children from abuse or neglect.



It means making sure people are supported and get good access to health care and stay well.



It is wrong if vulnerable people are not treated by professionals with the same respect as other patients.



It is making sure that people are supported to have full and happy lives.



What is Safeguarding?

Continued...



It is making sure that people get safe and empowering care.



Safeguarding should make sure that people get the support they need to make the most of their lives and get their full equal rights.



What must employers do?



Employers must make sure they do not employ bad staff or volunteers to care for vulnerable adults and children.



When someone wants a job they will ask that person to fill in an application form. This form will be sent to DBS along with proof of who they are.



The DBS will check the person then send a certificate to say that the person is safe to work with vulnerable adults and children.



If a person is not safe, their name will be put on the DBS Barred List to make sure that they are not allowed to work with vulnerable adults or children.



What is abuse?



Abuse is when someone bullies you and does or says something to you that makes you hurt, upset, or frightened.



You may be scared to speak out or to stop them. The person who is bullying you may make it hard for you to report it.



If abuse happens to you or someone you know it is important to speak out and tell someone that you trust. Do this as soon as you can.



What is abuse?

There are lots of different kinds of abuse:



Physical Abuse

This is when someone hurts you by hitting you, kicking you or burning you. It may also be when someone holds you down.



Sexual Abuse

This is when someone touches your body and does things to you that you do not like or want them to do.

Sexual abuse is also when someone makes you do sexual things that you do not want to do.



Emotional Abuse

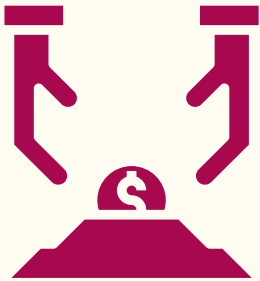
This can be when people say bad things to you like teasing or threatening or bullying you to upset you.

It can also be emotional abuse when people do not listen to you or do not believe what you say.



What is abuse?

There are lots of different kinds of abuse:



Financial Abuse

This is when someone takes your money. It is also when you do not have a say in how someone spends your money.



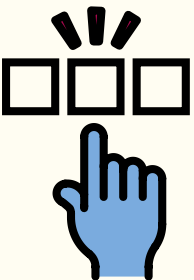
Mate Crime or Tricky Friends

This is when people who you think are your friends take advantage of you. They may get you to pay for everything all of the time.



Abuse of things that belong to you

This is when someone takes your private things without asking you.



Abuse of your right to choose the medical care you get.

For example, being given medication against your will.



What is abuse?

There are lots of different kinds of abuse:



Neglect

This is when people say they are going to help you but they don't. Neglect could be things like not taking you to the Doctors or not giving you your medicine.



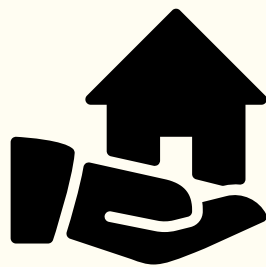
Discrimination

This is when people say bad things to you or treat you unfairly because you are different from them.

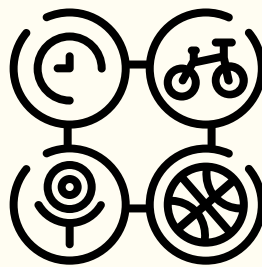
Abuse can happen anywhere, at any time. It could happen anywhere.



At work



In your
supported
home



Day Centre



At hospital

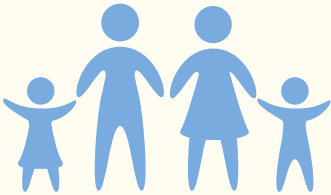


Who could abuse you?

Most people will not abuse you, but anyone could.



It might be someone you know or a stranger.



It could be someone in your family or a friend.



It could be someone who works with you, like a social worker or a support worker.



What to do if you think you are being abused?

Most people will not abuse you, but anyone could.



People who are being abused are often scared to speak up.



It is good if you can tell someone you trust, who may be able to help to make it stop, or find someone who can.



Sometimes the bully can make it hard for you to tell anyone.



They may make you feel scared or guilty and stop you being able to tell anyone.

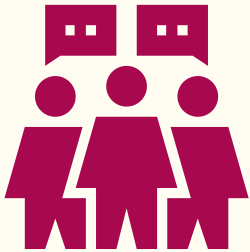


**Abuse is not your fault.
You have a right to have a safe life without
being bullied or abused.**

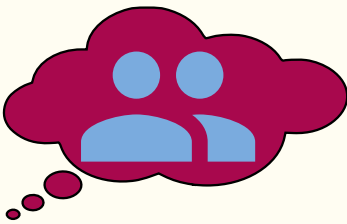


What to do if you think you are being abused?

Most people will not abuse you, but anyone could.



There are lots of people that you could tell if you feel you are being abused or bullied.



It is a good idea to take some time to think about who you think you could tell.



If an incident happens, you will be involved throughout the process.



In an emergency you can call the police.