

SHORT BREAKS & RESPITE SERVICES

Valley Road,
Leamington Spa



Enjoy a little '*me*'
time away from home
in an adapted, caring
place!



Heart of
England



Call us on **01789 298709** to book
your stay today. To find out more visit
our website at:
www.heartofenglandmencap.org.uk

151 Valley Road, Leamington Spa, Warwickshire CV32 7RX

Short Break Services are a great way for individuals with complex needs to have some time away from home.

- Valley Road provides a safe, adapted second home for guests and staff work hard to maintain a family atmosphere.
- Bookings are made around compatibility and guests are often booked in with their friends.
 - We aim to meet guests' needs by offering activities designed to suits their interests and ability.
 - We can support families with emergency stays, hospital discharges as well as offering regular stays and one to one support.



Our specialist sensory bath, with Jacuzzi, music and disco lights, is perfect for relaxing in. Or why not chill out in the quiet sensory zone!

We adapt our meal planner to cater for specialist dietary needs. We offer a variety of healthy balanced meals and always do a roast on a Sunday!



Our ground floor bungalow is fully accessible with plenty of parking. Each bedroom is equipped with a hospital bed and ceiling track hoist. We also have a portable hoist and two of the rooms have Kinderkey beds.



High Quality Support Our staff are trained to fully support guests and have undergone additional training including: Dysphasia, Peg Feeding, Epilepsy, Autism, Intensive Interaction and Safeguarding.

Activities Tell us your likes and dislikes and we'll plan your stay accordingly. We offer one-to-one time and make sure each guest has an individual activity plan. Choose from:

- Cookery & Baking
 - Arts & Crafts
 - Music & Singing
 - Fun & Games
 - Toys & Puzzles
 - Pamper & Movie Nights
 - and trips out to local cafes or walks in the park
- See overleaf for pricing and contact details.**



Weekday (24 hours)
Sunday to Thursday
£200

Weekend (24 hours)
Friday and Saturday
£235

Weekday -partial
(excl. 7 hrs day
opportunities) **£145**
1:1 Support (£ per our)
£11.50
Waking Night Support
(£ per hour)
£11.50

Contact Us

Suite 1, Clifford Mill, Clifford Chambers,
Stratford upon Avon, Warwickshire CV37 8HW
Tel: 01789 298709

email: support@heartofenglandmencap.org.uk
website: www.heartofenglandmencap.org.uk

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