

DAILY TASK LIST

NAME.....

DATE.....

TODAY – HAVE YOU?

1. Made your bed?
2. Washed your face and hands?
3. Helped another person?
4. SMILED?
5. Took part in an AM activity?
6. Prepared lunch?
7. Sang a song?
8. Washed Up/Dried Up?
9. Drawn/painted a picture?
10. Made something for someone?

Give yourself a STAR for each task you have completed. You can earn extra stars for every time you wash your hands!!!!

